## **YOU WANT A** CHALLENGE

## **YOU WANT HALFORDS**

2

3

5

7

8

4

6

When completed, tick off the 8 challenges below and recieve your 8 bike challenge certificate!

> **CYCLE WITHOUT STABILISERS**

**RIDE YOUR BIKE** 

10 METRES / 50 METRES / 100 METRES

**RIDE YOUR BIKE** 

FOR 1 MILE

COMPLETE A BENDING RACE WITH YOUR FRIENDS OR FAMILY

**CYCLE THROUGH** 

**PUDDLES** 

**RIDE YOUR BIKE IN A** 

FIGURE OF EIGHT

**HELP WASH OFF** 

**YOUR BIKE** 

**CYCLE UP AND DOWN** 

**SMALL HILLS** 

STAY SAFE! Children must be supervised at all times and wearing the appropriate safety gear. While every effort has been made to ensure the activities described are safe, they should only be undertaken with a full understanding of all the inherent risks. The activities in these challenges must always be used in conjunction with the exercise of your own experience, intuition and careful judgement.

## YOU DID IT! CERTIFICATE of ACHIEVEMENT

Congratulations to

for completing the 8 bike challenge



Parent / Carer signature